



John Field is an FFI Master Casting Instructor and author of the book; **Fly-Casting Finesse- A Complete Guide to Improving All Aspects of Your Casting**, Skyhorse Publishing, 2014. His second book is due out this summer; **ACA's Beginner's Guide to Fly Casting- A Comprehensive Manual for Novice Casters**. He is working on his third book, **Trophy Striped Bass on a Fly**, which will be published next year by Stackpole Books. John's feature articles have been published in Fly Fisherman Magazine, In-Fisherman Magazine and several others. John has served as president of the American Casting Association and president of the New York Chapter of Trout Unlimited. He resides with his family in Connecticut.

WIND CASTS-

- **Casting into a headwind:** high-line speed with low trajectory into wind and slower, high trajectory back cast with wind. For short casts- low side-arm cast parallel to the water.
- **Casting with a tailwind:** high-line speed and low trajectory on back cast into wind and high trajectory, slower cast downwind for delivery)
- **How to cast with wind on your casting side-** at different wind speeds: 5-10 mph sidearm, 10-15 mph off-shoulder, 15 & higher Barnegat Bay cast (back cast delivery)

Hope you have a Happy 2018,

John

Field Fly Fishing
[fieldflyfishing](http://fieldflyfishing.com)